### **Submission Data File**

|                | General Information       |  |
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#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours 0.5 per response

### X

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction 1(b).

Check this box to indicate

that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Bridgford Allan Jr. |         | ing Person <sup>*</sup> | 2. Issuer Name and Ticker or Trading Symbol BRIDGFORD FOODS CORP [ BRID ] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |  |  |  |  |  |
|--|---------|-------------------------|---|---|--|--|--|--|--|--|
|  |         |                         |   | Director 10% Owner  |  |  |  |  |  |  |
|  |         | (Middle)                | 3. Date of Earliest Transaction (Month/Day/Year) 09/11/2024               | Officer (give title below)  Other (specify below)                       |  |  |  |  |  |  |
| 1700 FAIRFAX LANE  |         |                         | 09/11/202 <del>4</del>  | Consultant  |  |  |  |  |  |  |
|  |         |                         |   | Consultant  |  |  |  |  |  |  |
| (Street)   |         |                         | 4. If Amendment, Date of Original Filed (Month/Day/                       |   |  |  |  |  |  |  |
| OAKBACK  | П       | 60181                   | Year)   | Applicable Line)  X Form filed by One Reporting Person                  |  |  |  |  |  |  |
| TERRACE,   |         |                         |   | , ' '   |  |  |  |  |  |  |
| ·  |         |                         |   | Form filed by More than One<br>Reporting Person                         |  |  |  |  |  |  |
| (City)   | (State) | (Zip)                   |   |   |  |  |  |  |  |  |
|  |         |                         |   |   |  |  |  |  |  |  |

| Table I – Non-                  | Derivative Sec                                 | urities A                         | cquir                           | ed, | Disposed                              | of, o      | r Bene | ficially Owne  | d   | 1   |
|---------------------------------|--|-----------------------------------|---------------------------------|-----|---------------------------------------|------------|--------|--|---|---|
| 1. Title of Security (Instr. 3) | 2.<br>Transaction<br>Date (Month/<br>Day/Year) | 2A. Deemed Execution Date, if any | 3.<br>Transac<br>Code (li<br>8) |     | 4. Securities<br>Disposed O<br>and 5) |            | ` '    | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following | 6.<br>Ownership<br>Form: Direct<br>(D) or<br>Indirect (I) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|                                 |  | (Month/<br>Day/<br>Year)          | Code                            | V   | Amount                                | (A) or (D) | Price  | Reported<br>Transaction(s)<br>(Instr. 3 and 4)                   | (Instr. 4)  |   |
| Common Stock \$1.00 P.V.        | 09/11/2024                                     |                                   | P                               |     | 1,000                                 | Α          | \$8.8  | 44,000   | D   |   |

|   |   | Table I   |  |   |   | Acquired, Dispos<br>nts, options, co                           |  |  | y Owned  |   |  |
|---|---|---|--|---|---|--|--|--|--|---|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3.<br>Transaction<br>Date<br>(Month/<br>Day/Year) | 3A. Deemed Execution Date, if any (Month/ Day/ Year) | 4.<br>Transaction<br>Code (Instr.<br>8) | 5.<br>Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 6. Date Exercisable<br>and Expiration Date<br>(Month/Day/Year) | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security<br>(Instr. 3 and<br>4) | 8. Price<br>of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr.<br>4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |

| ì | ſ |      |   |     |     |             |            |       |        |
|---|---|------|---|-----|-----|-------------|------------|-------|--------|
| ı |   |      |   |     |     |             |            |       | Amount |
| ı |   |      |   |     |     |             |            |       | or     |
| ı |   |      |   |     |     |             |            |       | Number |
| ı |   |      |   |     |     | Date        | Expiration |       | of     |
| ı |   | Code | V | (A) | (D) | Exercisable | Date       | Title | Shares |

**Explanation of Responses:** 

Remarks:

/s/ Allan Linley Bridgford, Jr.

09/13/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4(b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).